

HOW WE WORK

The Titirangi Community House offers opportunities for the people of Titirangi to expand their knowledge and abilities, make and maintain friendships, and to enjoy their leisure, hobbies and pursuits in a stimulating, inclusive and environmentally friendly atmosphere.

We value people and their creative process. We value our environment and the beauty of the Titirangi bush. So come

and visit us, we look forward to meeting you.

We also have three rooms of different sizes and suitability available for hire by community groups and individuals.

Contact us for more information.

Office hours
8.30am - 4.30pm
Rooms available for hire



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M 027 303 0323 or 027 571 9872

j.ostrowski@barfoot.co.nz a.smith3@barfoot.co.nz

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To advertise and support the Titirangi Community House,
please contact Newsletter Unlimited on PH 817 3867 or newsletter@vtra.co.nz



Titirangi community house



TERM 3 - 2018

23rd July - 28th September 2018



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titirangicommunityhouse

Titirangi Community House

Memorial Park, 500 South Titirangi Road

PO Box 60120, Titirangi 0604

Phone and Fax (09) 817 7448

admin@titirangicommunityhouse.co.nz • www.titirangicommunityhouse.co.nz

**Waitakere Ranges
Local Board**
Auckland Council

MONDAY**RUMIKLUB:**

Start: 23rd July Phone 817 7448 for information 9 to 12pm

PILATES

Start: 23rd July Tutor: Michelle 816 9314 12.15 to 1.15pm

PAINTING GROUP – No Tutor

Start: 23rd July \$3.00 1.30 to 4pm
Bring your own project to work on. All welcome.

UKULELE LESSONS

Start: 23rd July 4.15 to 6.15pm
Phone: Dave Parker 021 207 1142 or email woodbaydc@gmail.com

TRADITIONAL MAORI HEALING

Ongoing every Monday 6.30 to 9.30pm
Open Clinic. \$20

Ruatau 022 640 6450 or Sarah 021 159 2061 for more information

PHOTOFUN

Contact Bruce on 817 5164 7.30 to 9.00pm
Every 3rd Monday of the Month.

TUESDAY**HATHA YOGA**

Start: 24th July \$6 per class 10 to 11.30am
Tutor: Olivia 812 8624

CREATIVE WRITING

Start: 24th July 10 to 12pm
Gold coin donation appreciated.
Phone Jo for details on 021 163 9271. Fortnightly class.

BEGINNER VIOLIN LESSONS ALL AGES

Half hour sessions after school. 3.30 to 4.30pm
Start: 24th July
Ring or txt Sylvia Latrobe on 021 0827 6683

DRAWING & ANIMATION ON IPAD CLASSES

Classes for 7 to 14 yr olds 3.30 to 5.00pm
Start: 31st July (8 weeks)
Ring Guy 021 622 567 Visit www.animationschool.co.nz

CALL OF THE WILD WOMAN

Study course of the book - Women who run with the wolves.
Start: 24th July \$22 per night (7 weeks) 7.00 to 9.00pm
Phone Dee on 022 309 2979 for more information
or visit www.sassyred.com

LEARN TO POT (for adults)

info@titirangipotters.com 7.00 to 9.00pm
www.titirangipotters.com

DEATH CAFE

Second Monday each month 7.30 to 9.30pm
Start: 13th August
Contact Kerry-Ann 027 474 5003

WEDNESDAY**FELDENKRAIS - Mindful Movement Exercises**

Start: 8th August (8 weeks) 9.30 to 10.30am
Phone Caryn 021 1589 467
caryn@feldenkrais-auckland.co.nz

LAURA'S TRADITIONAL YOGA CLASS - ALL WELCOME

Start: 25th July 11.00 to 12.00pm
Phone Laura on 021 0826 0463

WAITAKERE QUILTERS

Start: 25th July 1.00 to 4.00pm
Ku Bailey 027 294 8350. \$5.00 per class

MUSIC THERAPY FOR CHILDREN / ADULTS

Start: 25th July 1.30 to 4.30pm
Ring Raukauri Centre - 360 0889 for more information

STEPS TO SOBRIETY

Continuous - every Wednesday 7.30 to 9.30pm
Ring Kurt Ph 813 0092 / Chris 021 247 4439

THURSDAY**POST NATAL YOGA 4 MUMS & BABIES**

Start: 26th July - 16th August 12.00 to 1.00pm
Phone Petra on 817 8079

CLAYMATION CLASSES

Classes for 7-14yr olds 3.30 to 5.00pm
Start: 2nd August (8 weeks)
Ring Guy 021 622 567
All bookings: www.animationschool.co.nz

MUSIC THERAPY FOR CHILDREN / ADULTS

Start: 26th July 9.00 to 5.00pm
Ring Raukauri Centre - 360 0889 for more information

FAT YOGA - All Welcome

Start: 26th July (6 week course) 6.30 to 7.30pm
Email fatyoganz@gmail.com or Ph 021 0840 0570

FRIDAY**MAH JONG**

Start: 27th July 9.00 to 12.00pm
Ring Kay Clark on 817 6007

TITIRANGI WATERCOLOUR GROUP

Start: 27th July 2.15 to 4.15pm
Phone Sasha on 021 029 23762 for details

MUM & BABY MASSAGE WITH SHAMBALA YOGA

27th July, 3rd, 10th August 10.00 to 11.00am
Contact Petra 817 8079 for details

YOGA CLASSES WITH LAURA - (Traditional)

Start: 27th July 1.00 to 2.00pm
Phone Laura on 021 0826 0463 \$10.00 / session

PREGNANCY & CHILDBIRTH WITH SHAMBALA YOGA

Start: Ongoing 5.45 to 7.00pm & 7.15 to 8.30pm
Phone Petra on 817 8079 / 022 303 4065 for dates

SATURDAY**PORTRAIT DRAWING WITH ZARAHN SOUTHON**

Introductory course to Restructure Realism portrait drawing from life. 8 classes, \$220
Start: 28th July 9.30 to 12.00pm
Contact zarahn@gmail.com or www.zarahnsouthon.com

HOLISTIC BABY Antenatal class

Go to website www.holisticbaby.co.nz or 2.00 tp 5.00pm
Phone Cathy McCormick on 811 8600 for dates

SUNDAY**TITIRANGI WALKERS - All Welcome**

Start: Ongoing 8.15 to 10.45am
Leave from Titirangi Community House.
Donation only. Ring Myrna on 813 2687

INNER LIGHT MARKET @ Titirangi Community House

Holistic health fair. 10 to 2.00pm
Last Sunday of the month.
Same day as the Titirangi Village Market
Contact: Huw 021 0252 2596

TITIRANGIAA ON SUNDAY

Start: Ongoing 7.30 to 8.30pm
Please ring Roger on 027 329 1065

WORKSHOPS**PREGNANCY & LABOUR WORKSHOP WITH SHAMBALA YOGA**

Ring Petra on 817 8079 / 022 303 4065 for dates.
Petra is also available for Mahina Mahai massage for women.